



My Heart Cardiology

POTS Patient History Form

- * Healthlink EDI: myheartc
- www.myheartcardiology.com.au
- referral@myheartcardiology.com.au
- Tel: (03) 9854 6444
- Fax: (03) 9854 6445

- Suite 8.3, 89 Bridge Rd, Richmond VIC 3121
- 147 Moreland Road, Coburg VIC 3058
- 38-40 Gap Rd, Sunbury VIC 3429
- 5 Neal Street, Gisborne VIC 3437
- 182 Station Rd, New Gisborne VIC 3438
- 89 Piper St, Kyneton VIC 3444

Patient's Details

Full Name:	
Date of Birth:	Medicare number:
Phone/Mobile:	Address:

History

Onset of symptoms date:
Self-description of symptoms:
Medical history preceding symptoms:
Family history:

Current Medications

Please include all prescribed medications, OTC, current supplements, and anything that has worked the best:

Common Symptoms

- Brain fog
- Post exertional malaise
- Light-headedness
- Palpitations
- Heat intolerance
- Cold intolerance
- Tingling or pain in fingers/feet
- Bladder problems (difficulty urinating)
- Bowel problems
- Gait disturbance (walking changes)
- Reflux or swallowing difficulties
- Lower limb swelling
- New tremor

Hypermobility Questionnaire

- Can you now [or could you ever] place your hands flat on the floor without bending your knees? Yes No
- Can you now [or could you ever] bend your thumb to touch your forearm? Yes No
- As a child, did you amuse your friends by contorting your body into strange shapes or could you do the splits? Yes No
- As a child or teenager, did your kneecap or shoulder dislocate on more than one occasion? Yes No
- Do you consider yourself "double-jointed"? Yes No

Patient's Signature

Name:	
Date:	Signature: