



**My Heart
Cardiology**

Referral Request Form

- * Healthlink EDI: myheartc
- www.myheartcardiology.com.au
- referral@myheartcardiology.com.au
- Tel: (03) 9854 6444
- Fax: (03) 9854 6445

- Suite 8.3, 89 Bridge Rd, Richmond VIC 3121
- 147 Moreland Road, Coburg VIC 3058
- 38-40 Gap Rd, Sunbury VIC 3429
- 5 Neal Street, Gisborne VIC 3437
- 182 Station Rd, New Gisborne VIC 3438
- 89 Piper St, Kyneton VIC 3444

Patient's details

Name:	Date of Birth:	Medicare Number:
Phone/Mobile:	Address:	

Clinical Consultation

<input type="checkbox"/> Clinical Consultation Clinical History:	Risk Factors: <input type="checkbox"/> Diabetes Mellitus <input type="checkbox"/> Hypertension <input type="checkbox"/> Dyslipidaemia <input type="checkbox"/> Family history of CVD <input type="checkbox"/> Obesity
<input type="checkbox"/> Dr Nigel Sutherland <input type="checkbox"/> Dr Omar Al-Mukhtar <input type="checkbox"/> Dr Samer Noaman <input type="checkbox"/> Dr Ahmed Al-Kaisey <input type="checkbox"/> Next available cardiologist	

Diagnostic Studies

<input type="checkbox"/> Transthoracic Echocardiogram (TTE) (once every two years)	
<input type="checkbox"/> Symptoms or signs of cardiac failure <input type="checkbox"/> Ventricular hypertrophy or dysfunction <input type="checkbox"/> Valvular, aortic, pericardial, thrombotic or embolic disease <input type="checkbox"/> Before starting drugs which require cardiac monitoring	<input type="checkbox"/> Heart tumour <input type="checkbox"/> Congenital heart disease <input type="checkbox"/> Sudden death of an immediate relative <input type="checkbox"/> Pulmonary hypertension <input type="checkbox"/> Employment medical - No MBS Rebate

<input type="checkbox"/> Exercise Stress Echocardiogram (once every two years)	
<input type="checkbox"/> Chest pain or angina <input type="checkbox"/> Exertional dyspnoea <input type="checkbox"/> Suspected silent myocardial ischaemia <input type="checkbox"/> Known coronary disease & evolving symptoms <input type="checkbox"/> ECG suggestive of coronary disease	<input type="checkbox"/> Assessment of coronary lesions on angiography <input type="checkbox"/> Pre-operative assessment prior to major non-cardiac surgery <input type="checkbox"/> Pre-operative assessment prior to cardiac surgery/intervention <input type="checkbox"/> Employment medical - No MBS Rebate

<input type="checkbox"/> Cardiac Device Checks	
<input type="checkbox"/> Pacemaker <input type="checkbox"/> Defibrillator	Device's company if known:

<input type="checkbox"/> 12 Lead ECG (trace and report)
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<input type="checkbox"/> Heart Rhythm Monitor (please choose duration)		
<input type="checkbox"/> 1 Day	<input type="checkbox"/> 7 Days	<input type="checkbox"/> Up to 28 Days
Indications: <input type="checkbox"/> Palpitations <input type="checkbox"/> Syncope <input type="checkbox"/> Arrhythmia		

<input type="checkbox"/> 24-hour Ambulatory Blood Pressure Monitor (once every 12 months)
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Referring Practitioner Details

Name:	Phone:
Provider Number:	Fax:
Address:	Signature:
Email:	



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Instructions for Patients

Exercise Stress Echocardiogram & Stress ECG

- A stress echo test measures the performance of your heart under stress. It provides valuable information about blood flow to the heart muscle, heart valve function, and overall cardiac health. During the test, images of your heart are taken before and after exercise on a treadmill (this is for stress echo only).
- The test takes about 20-30 minutes.
- Please wear comfortable exercise clothing and shoes for the test.
- If you take any of the following medications, then you need to stop them for 24-48 hours prior to the test:

NOTE: Consult your doctor before discontinuing any medications.

- Atenolol (Noten)
- Metoprolol (Minax)
- Bisoprolol (Bicor)
- Nebivolol (Nebilet)
- Propranolol (Inderal)
- Carvedilol (Dilatrend)
- Labetalol
- Sotalol
- Diltiazem (Cardizem) or Verapamil (Isoptin)

Transthoracic Echocardiogram

- Echocardiography is a painless procedure that uses ultrasound technology to produce real-time images of the heart. It allows us to assess the heart's size, shape, and how well it pumps blood.
- The test is typically performed by a specially trained technician and takes about 30-40 minutes.

12 Lead ECG

- This simple test records the electrical signals generated by the heartbeat. These signals are captured by electrodes (small adhesive patches placed on the skin of the chest, arms, and legs).
- This test takes 5 minutes.

Heart Rhythm Monitors

- Holter Monitors

- A Holter monitor is a small, wearable device that records your heart's electrical activity for 24 to 48 hours (or longer). It helps us detect irregular heart rhythms that may not appear during a standard ECG in the clinic. While wearing the monitor, you can continue your normal daily activities, but it's essential to note any symptoms such as dizziness, palpitations, or chest discomfort in the provided diary. This information helps us correlate your symptoms with any changes in your heart rhythm.

- HeartBug Monitors

- The HeartBug is a compact, user-friendly device designed to monitor your heart rhythm for extended periods – up to several weeks. It's particularly useful for detecting infrequent arrhythmias.
- The HeartBug is simple to apply and comfortable to wear. With this advanced technology, we can gather detailed insights into your heart's activity, ensuring an accurate diagnosis and personalized care plan.

My Heart Cardiology Locations



Richmond
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